

## SAMPLE CHALLENGE TOUR

### SALT AND SWEET WATER ADVENTURE

**Duration: 5 nights / 6 days**

**Activity level: MODERATE**

We are going to embrace water fun while sailing on a yacht in the Black sea and kayaking in the nearby rivers. For the nature lovers there will be plenty of occasions to come closely to the local fauna and dive deep into two natural reserves famous for its biodiversity. Culture curiosity won't be left behind. The well preserved historical layers starting from Antiquity to present times will help us understand the heritage and dynamics of this crossroad of cultures. And last but not least we will spend unforgettable moments on the beautiful beaches along our way. Sailing, fishing, jumping, swimming, sunbathing, exploring, relaxing, tasting, kayaking, learning, staying in the state of adventure and gusto all the time is what we plan on his trip. Come join us.

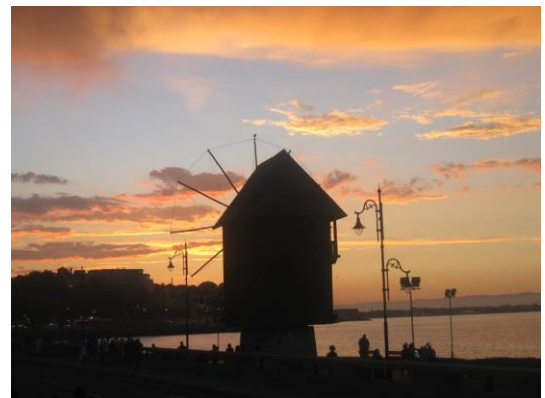


### HIGHLIGHTS

- 3 days sailing adventure in the Black Sea, introduction to the yacht life
- 2 days river kayaking
- 1 scenic hike
- 2 biosphere reserves
- Observation of animal species
- Beautiful beaches
- 2 ancient coast towns – Nessebar and Sozopol
- Unique architecture
- Coast town's lively cultural scene
- Historical landmarks
- Fresh local cuisine
- Charming accommodations

#### Day 1 Arrival and accommodation in Nessebar

The ancient town of Nessebar is situated on a romantic rocky peninsula connected to the mainland by a narrow causeway. It is a UNESCO World Heritage Site. The town has a century-old history and it has preserved architectural monuments from all periods in its thousand year old existence. There are the remains of the Roman and Medieval walls, the Byzantine and Bulgarian churches and the old houses from 18th and 19th cc. old town features a romantic atmosphere: narrow cobblestone lanes, tiny squares, two-storied houses with stone-built ground levels and wooden upper floors jutting above the



# adventure & GUSTO



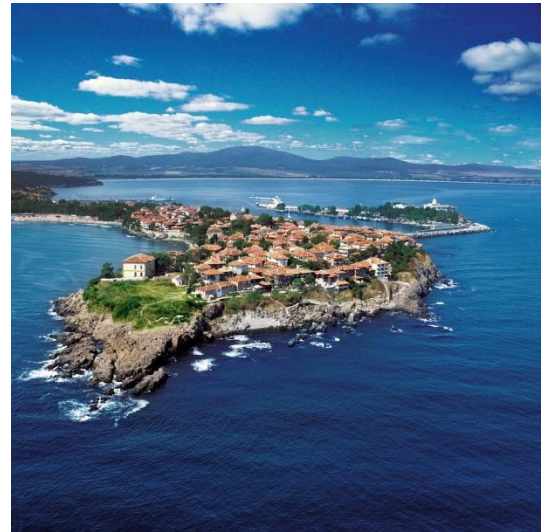
streets and external staircases. Nessebar offers two beaches in the new part of the town and a small beach in the Old part.

## Day 2 Sailing from Nessebar to Sozopol

In the first day of our adventure in the sea we will start with some information about sailing and the specifics of the Black sea. The guests will learn basic principles about the life on a yacht and we will have a lot of fun on board.

We will stop at a beautiful beach for a relaxing drink and some sunbathing.

Later in the afternoon we will arrive at another ancient city located on a scenic bay – Sozopol. It is one of the prettiest on and much beloved Bulgarian coast towns. There is a lively cultural scene with plenty of concerts, theater performances and visual arts. The charming old town of meandering cobbled streets and pretty wooden houses will be our dinner venue.



## Day 3 Sailing to Ropotamo and kayaking in the river

Today we are going to sail to the natural reserve of river Ropotamo and the Arkutino marsh with its beautiful white water lilies. Ropotamo was declared a reserve in 1940 to protect the unique landscape and the habitat of many rare and endangered plant and animal species, longose forests, wetlands. It is a habitat of many rare and endangered plant and animal species. The European bird migration route Via Pontica passes through here. The large number of wetland zones in the area is a great base for many nesting birds as well as feeding grounds for wintering and migrating birds. We are going to explore the biodiversity while kayaking in the river where herons and kingfishers fly past the visitors and turtles bask in the sun on the rocks or fallen trees on the river banks.



A romantic evening is awaiting us since we will spend the night anchored by the beautiful beach of Arkutino. This will give us the chance to enjoy one of the most beautiful sunset vistas on the Black Sea coast.

## Day 4 Sailing to Sinemorets

Today we will head further south to the small town of Sinemorets. We will spend our day in the sea enjoying fishing and swimming and sunbathing. We can relax on the board or practice our sailing abilities. In the evening we will arrive to settle down in a nice family hotel.



## Day 5 Sinemorets beach and Veleka River

We will spend the day in the region of one of the most beautiful beaches at the Bulgarian Black Sea Coast. Endless forest line along Veleka River forms a spectacular estuary. The nearly 500 m long sand spit and part of the Black Sea coast and offers magnificent views and the chance to experience both sea and river water at the same time. We are going for a kayak trip in Veleka River, which will give us the opportunity to enjoy the closely biodiversity of the region. Our efforts will be rewarded with a picnic lunch on a nice shady meadow. In the afternoon we will return back to the beach and farewell the day with watermelon and Ouzo.



## Day 6 Strandja Mountain and transfer to Sofia

Today will be devoted to Strandja Mountain. Strandja florogeographic complex has a character that is unique in Europe. Situated on a biogeographical crossroads, the natural park hosts not only species from the relic euxeinos flora, but also species from the Mediterranean, Central-European, Balkan, Eurasian, Pontic-Central Asian and Atlantic group of floral elements. It is like an outdoor botanical classroom. We will enjoy a wonderful hike in the Strandja Natural Park passing by monuments from the Thracian, Hellenistic and Roman eras, as well as the Byzantine and Bulgarian Middle Ages. The complex cultural route of Strandja and the South Black Sea will enrich our understanding of the way European culture has changed over time.



Our journey comes to its end with a transfer to Sofia in the afternoon.